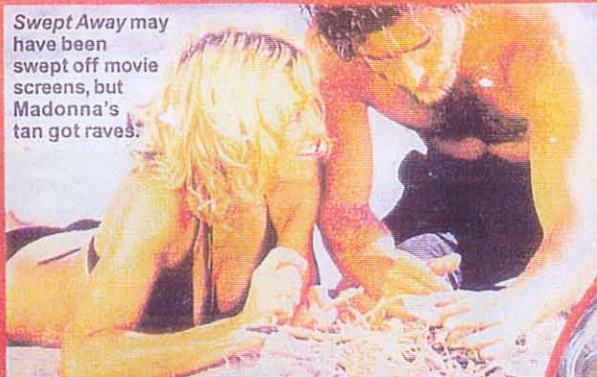


# high-maintenance?

It takes more than talent to be a stage sensation. It takes style, stamina, a fake tan and the occasional \$275 pair of undies.



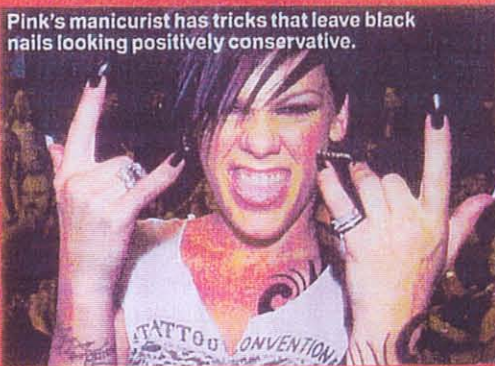
Enzyme treatments are J.Lo's smooth-skin move.



Swept Away may have been swept off movie screens, but Madonna's tan got raves.

**TAN** Madonna stripped down so JoAnna Connell could apply up to four coats of Endless Tan self-tanner (to order: 888-7-FRENDS).

**FACE** J.Lo gets her glow from an enzyme treatment that speeds skin-cell turnover. The \$185 "platinum facial" from Christopher Watt in West Hollywood must be worth it: Watt says, "She almost never has a blemish."



Pink's manicurist has tricks that leave black nails looking positively conservative.



Herbs keep Eve's pipes clean, not squeaky.



Stefani makes the hairpiece hip.

**NAILS** Rockers seek out Tom Bachik for nail designs like the S&M-inspired look he created for Pink. He pierced her fake nails and laced them up like a corset with embroidery thread. Her reaction? Says Bachik: "She was freaked."



Pearlies stay whiter when your dentist makes backstage "house" calls like Elliott's.



Presley bats a (false) eyelash.

**HAIR** During a concert, Gwen Stefani's hair goes from Mohawk to chignon, thanks to clip-on pony-tails, bangs and braids ([www.hairuwear.com](http://www.hairuwear.com)). The synthetic pieces are "like cubic zirconias," says her hairstylist, Danilo. "You can't tell them from the real thing."

**SOUL** Body worker Anthony Williams tells clients like Lil' Kim to "breathe with intention," inhaling deep into the belly, then exhaling with a primal *ahhh*. His motto? Free your mind and your body will follow.



**TEETH** Talk about service with a smile! When Missy Elliott needed a dentist only moments before an appearance on the David Letterman show, Garlise Austin, D.D.S. headed to the set, bringing a portable drill, suction, purified water and a chair.

**CLOTHES** Stylist Stephanie Wolf considered \$275 for the black lace boy shorts Vanessa Carlton wore at this year's Grammys an essential expense: "Her dress had see-through chiffon panels. If she had worn a thong, you would have seen her butt!"

**EYES** When Lisa Marie Presley needed an image update, makeup artist Mathu Andersen gave her intense, smoky eyes using false eyelashes. To make fake strips easier to maneuver, he recommends cutting them into three pieces before using glue.

**VOICE** What do Eve and Joni Mitchell have in common? Both have been known to keep their throats tickle-free with Golden Voice capsules from Dragon Herbs in Santa Monica, California ([www.dragonherbs.com](http://www.dragonherbs.com)). The formula includes mint, licorice and rhubarb.

**MAKEUP** On the set of *American Idol*, makeup artist Klexius Kolby used ERA Face Spray On Foundation to give Paula Abdul and the show's would-be idols airbrushed-smooth complexions in seconds flat (\$55; [www.classifiedcosmetics.com](http://www.classifiedcosmetics.com)).